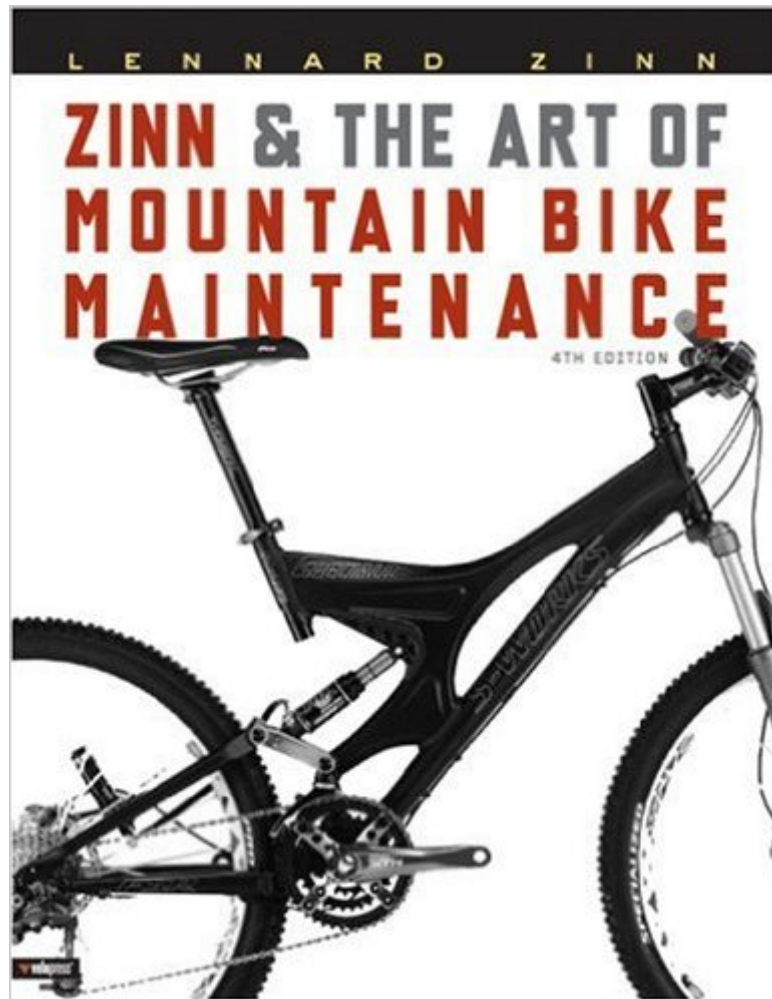


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# Zinn And The Art Of Mountain Bike Maintenance



## Synopsis

The most concise, well-organized, and clearly illustrated reference available, Zinn and the Art of Mountain Bike Maintenance gently guides the reader "regardless of mountain bike experience or mechanical prowess" through every aspect of maintenance, repair, and troubleshooting in a succinct and easy-to-read format and presents the latest technological advances and equipment in mountain bike components. Detailed diagrams and simple instructions explain everything from repairing a flat tire to building a wheel. The instructions are useful for anyone interested in mountain bikes, yet concise and complete enough to cover every state-of-the-art technical concern facing today's mountain biker. This timely revision offers updated information on shock pump adaptors, master links, V-brakes, cleat mounting and pedal overhaul, oversize handlebars, carbon steering tubes, tubeless rims, and much more. Repairs are rated for degree of difficulty while line drawings illustrate how parts fit together and show the tools needed to keep bikes in top shape and pedaling smoothly both on and off the trail.

## Book Information

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## Customer Reviews

I have had many years of wrenching on cars and bikes alike. I felt that this book was a great all-in-one general maintenance book for Road Bike Maintenance. It does not give every single detail that is possible for all parts (e.g. shimano brakes, it doesn't tell give you a parts breakdown like one would if you went to the manufacture site and downloaded their technical documents).\*\*\*TIP for specific instructions for bike parts: most manufactures will post up online detailed technical

specifications for each part and some will even post a parts breakdown document as well. Many of my opinions are also formed based upon my maintenance use and ownership of the Park Tool Big Blue Book 2nd Edition (which should be the current edition). Hands down, this book is much better than the Park Tools book, for it is much more detailed in many areas that the Park Tools book lacks. This book covers most of the popular designs and manufactures (e.g. different shifting systems including campagnolo, shimano, and sram). It also details the differences between the companies as well on certain parts that need attention because of the unique design by the company. The book does a great job at sorting the different repair tasks by three different levels, which most takes I feel are generally level 2. Not only that, it also gives an overview of different type of maintenance tool sets one should have from level 1, the basic level tool kit for the beginner, to level 3 + tools that a shop should own. Zinn also explains each of the parts for every kit level as well. I feel they do a pretty good job overall on giving a easy to follow guideline as to what common tools are needed for each of the different levels of repair difficulties.

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